Racism In America: What Is Mine To Do?

The answers to What Is Mine to Do? lie in your story. Your personal, intimate story reveals what life has taught you about racism. Chart your narrative. Uncover beliefs, assumptions, and disappointed dreams. See where your story is pointing you today.

OUTCOMES
• Discern what is ‘Mine to Do’ to move toward race reconciliation
• Learn ways to start and stay in conversations on race
• How to respond when racism appears

PROGRAM HIGHLIGHTS
• Design your personal timeline revealing when race mattered, positively and negatively, and its impact on your life
• When have you honored — and dis-honored — your values when considering race
• What is your relationship to race going forward

WHAT’S NOT COVERED
History lesson on racism. Debating current events. Convincing others of your point of view. Long presentations.

TOPICS WITH SOME SHARP EDGES
• Discover biases and assumptions that serve you, and those that don’t
• Particularly for white participants, how to manage shutting down, defensiveness, and certitude when talking about race

WISDOM TRADITIONS SHOW THE WAY
• Storytelling and witnessing generate empathy and conviction

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Testimonials
“The powerful witnessing opened my eyes and changed my heart. Maybe we really can move the needle.”

“I am so weary. But this experience revived my soul.”

Watch a powerful testimonial video on our home page:
www.inwardboundcenter.org

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